

# Maharishi AyurVeda - Public Information

UK Product Name

Chyavanprash (Maharishi Ayurveda)

Code Name

MA CHYAN

Availability

Description

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg)
Cinnamomum tamala (Buch.-	Cassia Lignae	leaf	0	0.38	1.9
Teramnus labialis Spreng.	Mashaparni	whole plant	0	0.049	0.2
Gmelina arborea Roxb ex Sm	Cashmere Bark	bark	0	0.057	0.3
Polygonatum verticillatum (L.)	Whorled Solomon's-Seal	root	0	0.266	1.3
Oroxylum indicum Vent.	Trumpet Tree	bark	0	0.065	0.3
Aquilaria agallocha Roxb	Agarwood	heartwood	0	0.008	0.0
Martynia annua	Tiger claw	fruit	0	0.015	0.1
Fritillaria roylei	Hililayan Fritillary	bulb	0	0.057	0.3
Tribulus terrestris Linn.	Small Caltrops	fruit	0	0.049	0.2
Cinnamomum verum J. Presl	Cinnamon verum	bark	0	0.38	1.9
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	0	0.061	0.3
Curcuma zedoaria(Christm)	Zedoary	rhizome	0	0.038	0.2
Pueraria tuberosa DC.	Indian Kudzu	root	0	0.049	0.2
Pistacia integerrima Stew. ex	Galls	gall	0	0.118	0.6
Piper longum Linn.	Long Pepper	fruit extract	0	0.144	0.7
Inula racemosa Hook. f.	Inula root	root	0	0.148	0.7
Terminalia chebula Retz.	Haritaki	fruit rind	0	0.186	0.9
Vitis vinifera Linn.	Grape	dried grape	0	0.266	1.3
Microtylis wallichii	Orchid(Jeevak)	root	0	0.046	0.2
Stereospermum suaveolens	Trumpet Flower	bark	0	0.027	0.1
Sesamum indicum Linn.	Sesame	seed	0	0.008	0.0
Aegle marmelos Corr.	Bael	bark	0	0.009	0.0
Santalum album Linn.	White sandalwood	heartwood	0	0.011	0.1
Habenaria intermedia D. Don	Riddhi	root	0	0.076	0.4
Justicia adhatoda L.	Malabar Nut	root	0	0.023	0.1
Uraria picta Linn.	Prisniparni	whole plant	0	0.046	0.2
Phaseolus trilobus Ait.	Wild Gram	whole plant	0	0.027	0.1
Leptadenia reticulata (Retz.)	Jivanti	whole plant	0	0.027	0.1
Cyperus rotundus Linn.	Nut grass	root	0	0.027	0.1
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	0	0.042	0.2
Desmodium gangeticum (L).	Tik Trefoil	whole plant	0	0.023	0.1
Solanum indicum Linn.	Indian nightshade	whole plant	0	0.03	0.2
Elettaria cardamomum (Linn)	Cardamom	fruit extract	0	0.042	0.2
Boerhaavia diffusa Linn.	Spreading Hogweed	root	0	0.038	0.2
Clerodendrum phlomoides Li	Agnimantha	whole plant	0	0.038	0.2
Nymphaea Stellata	Nymphaea Stellata	flower	0	0.038	0.2
Phyllanthus niruri Linn.	Bhumiamla	whole plant	0	0.038	0.2
Sida cordifolia Linn.	Country Mallow	whole plant	0	0.038	0.2
Saccharum officinarum Linn.	Sugar Cane		1	60	300.0
Aqua	Water		2	19	95.0
Phyllanthus emblica L.	Amla	fruit	3	7.5	37.5
Ghee	Ghee		4	6	30.0
Bambusa bambos(L.) Voss	Bamboo Manna		5	1.52	7.6
Mel	Honey		6	1.3	6.5
Piper longum Linn.	Long Pepper	fruit	7	0.76	3.8
Mesua ferrea L.	Cobra's Saffron	flower	10	0.38	1.9
Elettaria cardamomum (Linn)	Cardamom	fruit	10	0.38	1.9

## Contraindications/Precautions

AyurVeda Limited, Beacon House, Willow Walk, Skelmersdale, Lancashire, United Kingdom, WN8 6UR.

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**Availability**

**Over dose and its Management**

**Side Effects and Interactions** None

**Potential Allergens** Clarified butter

## Usage

Age Group

Dosage Form

Method of Use

How Long to Continue Use?

Specific Dietary/Lifestyle Advice

## Presentation

Presentation

**Net Weight grams** 500

**Storage** cool, dry, dark.

**Shelf Life (months)** 36

**Regulatory Status**