Maharishi Ayurveda

Public Information

UK Product Name	Pitta Aroma Oil	**Code Name**	APITT
Availability	Stock item in UK		

Description

Precious sandalwood and ylang ylang oils help to keep you cool.

Personal balance with essential oils
The essences of flowers and plants have been used in holistic healing traditions such as ayurveda for centuries. The sense of smell is a quick-acting, powerful means of creating balance. Our therapeutic aroma oils are precise blends of 100% pure essential oils -diffuse them through lockets or diffusers, combine 5-10 drops per 2 oz. of your base massage oil, or add a few drops to your bathwater for a fragrant healing experience you'll cherish long after you've left the bath.

Cooling Pitta Aroma Oil: Cool off with this blend of Sandalwood, Ylang Ylang, Lavender and other essential oils. Perfect when you're feeling hot and bothered, or when temperatures are soaring outside.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity()
Santalum album Linn.	White sandalwood	essential oil	1	0	
Canaga odorata	Ylang Ylang	essential oil	2	0	
Lavendula angustifolia	Lavender	essential oil	3	0	
Citrus limon (Linn.) Burm f.	Lemon	essential oil	4	0	

Contraindications/Precautions

Not intended for use on the skin. However the warmth of the body may be used to diffuse the aromas - if so dilute in a base oil (1:10) before applying. Be particularly cautious on young and sensitive skin.

Over dose and its Management

NA

Side Effects and Interactions

None known

Usage

Age Group

All

Dosage Form

Liquid

Method of Use

Use an aroma diffuser to diffuse the oil in an enclosed space. The benefits come through the sense of smell rather than through the skin. The warmth of the body may be used to evaporate this oil but it is recommended that you first dilute it with a fixed oil (e.g. almond) taking particular care with young and sensitive skin.

How Long to Continue Use?

As desired

Specific Dietary/Lifestyle Advice

Presentation

Presentation

10 ml in a glass bottle with
dropper and t/e cap

Net Weight grams

Storage

Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

Regulatory Status

General